

Column1	Autumn term	Column2	spring term	Column3	Summer term	Column4
	one	two	one	two	one	two
Nursery	PE listening skills in large space. Running, hopping, jumping, balance beanbag. Music and movement-joining in.	Gymnastics rolling, jumping, travelling, balancing, sequencing	Dance	Fundamental skills/ Ball skills	Races	Team Games
Reception	Fundamental skills running, jumping, hopping, throwing, catching, balancing	Dance	Gymnastics rolling, jumping, travelling, balancing, sequencing	Fundamental skills/ Ball skills	Races	Fundamental skills/ mini striking and fielding events
Year one	Fundamental skills running, jumping, hopping, throwing, catching, balancing	Gymnastics rolling, jumping, travelling, balancing, sequencing	Dance	Fundamental skills/ mini invasion games; football, hockey, rugby	Fudamental skills Athletics/Tennis	Fundamental skills/ mini striking and fielding events
Year two	Fundamental skills running, jumping, hopping, throwing, catching, balancing	Gymnastics rolling, jumping, travelling, balancing, sequencing	Dance	Fundamental skills/ mini invasion games; football, hockey, rugby	Fudamental skills Athletics/Tennis	Fundamental skills/ mini striking and fielding events
Year three	Team games basketball, netball, fundamental skills, throwing and catching shooting	Gymnastics flight, travelling, rolling, jumping, balancing, building sequences	Dance OAA	Invasion games football, hockey, rugby	Athletics track- running hurdles field throwing, jumping	Tennis Striking and fielding cricket, rounders/net games;
Year four	Team games basketball, netball, fundamental skills, throwing and catching shooting	Gymnastics flight, travelling, rolling, jumping, balancing, building sequences	Dance OAA	Athletics, track- running hurdles field throwing, jumping	swimming	swimming
Year five	Team games basketball, netball, fundamental skills, throwing and catching shooting	Gymnastics flight, travelling, rolling, jumping, balancing, building sequences	swimming	swimming	Athletics track- running hurdles field throwing, jumping	Tennis Striking and fielding cricket, rounders/net games;
Year six	swimming	swimming	Dance OAA	Invasion games football, hockey, rugby	Athletics track- running hurdles field throwing, jumping	Team games basketball, netball, fundamental skills, throwing and catching shooting