

Physical Education (PE)

Intent, Implementation and Impact

Intent

Smallthorne Primary School believe that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum aims to improve the wellbeing and fitness of all children encouraging lifelong participation in sport not only through the sporting skills taught, but through the underpinning values and disciplines.

Implementation

- PE at Smallthorne provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.
- The long term plan sets out the PE units which are to be taught throughout the year and ensure that the requirements of the National Curriculum are fully met.
- Lessons are delivered through a combination of teacher led lessons and BEE Active, this will also allow teachers to receive CPD throughout the year.
- Pupils participate in one high quality PE lessons each week, covering one sporting discipline every half term. In addition, children are encouraged to participate in the varied range of extra-curricular activities. Taking the form of after school sport clubs aiming at getting children ready for competitive events.
- Children are invited to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.
- Each year a small group of Year 4 and 5 children are invited to become Sports Leaders for the school. They develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports day and any other Sporting activities.
- Children participate in OAA residential before they leave Smallthorne Primary.
- Children in Year 4,5 and 6 swim once a week for 10 weeks during the year

Impact

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives with a keen interest in physical activity and sport utilising the skills and knowledge acquired through PE at Smallthorne.