WEEK1	MEAT MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Macaroni cheese	Beef burger with baked potato wedges	Lobby & crusty bread	All day breakfast	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	Cheese oatcakes	Veggie sausage hotdog with baked wedges	Cheese pinwheels served with half a crispy jacket	Vegetarian all day breakfast	Quorn™ nuggets with chunky chips
ACCOMPANIMENTS  5	Seasonal vegetables Salad bar	Green beans & sweetcorn Salad bar	Carrots & cauliflower Salad bar	Baked beans & broccoli Salad bar	Peas & baked beans Salad bar
DESSERTS	Apple crumble & custard	Raspberry buns	Sticky toffee muffins	Bananas & custard	Chocolate crunch
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



Fuel your afternoon with a healthy school lunch from Mellors







KEY 5 - 1 OF YOUR 5 A DAY MEAT-FREE MONDAY - CHEF'S CHOICE



