WEEK 2	MEAT MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Margherita pizza with baked potato wedges	Chicken korma with 50/50 rice	Homemade meat & potato pie with mash potato	Chicken stir fry	Fish cake served with chips
VEGETARIAN MAIN DISH	Quorn™ lasagne with herb bread	Cheese oatcakes	Vegetable cobbler with mash potato	BBQ Quorn™ with 50/50 rice	Vegan sausage & chunky chips
ACCOMPANIMENTS 5	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Carrots & parsnips Salad bar	Peas & sweetcorn Salad bar	Peas & baked beans Salad bar
DESSERTS	Flapjack	Ginger cake & custard	Oaty jam squares	Fruit pie & custard	Strawberry whip
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



Try something NEW today... Variety is key to a healthy diet.















KEY 5 - 10F YOUR 5 A DAY MEAT-FREE MONDAY - CHEF'S CHOICE PB - PLANT-BASED (VEGAN)